



Every now and then I beg my stylist to cut a fringe for me as it seems like the best way to cover forehead wrinkles. Wisely, she refuses as she can see I don't have the right face shape at all. With fringes hot right now I asked top stylist Angela Foster-Nesbit to tell me who should – and shouldn't – take the plunge.

**Nicky Pellegrino**  
Beauty Editor



The classic hairstyle  
is back in vogue

# FRINGE FESTIVAL

## FRINGE TALK

Stylist Angela Foster-Nesbit owns Oblique Hair Spa in Birkenhead, Auckland. Before you consider getting a fringe cut check out what she has to say.

### WHO SUITS A FRINGE?

Whether you suit a fringe depends on your face shape and forehead size (the distance between eyebrows and hairline). If you have a tall forehead, you can shorten it by adding a fringe. If you have a small forehead, adding a fringe will accentuate it, so is not recommended. Those with square face shape should avoid fringes. Whether those with round faces suit a fringe depends on the forehead size, and those with long faces suit them as they balance out the length.

### WHAT DIFFERENT TYPES ARE THERE?

Fringes can be straight, asymmetrical (diagonal), soft and wispy, solid and heavy,

or a combination. The right fringe can really make your eyes stand out and give your haircut a modern look.

### CAN FRINGES BE A BIT SCHOOLGIRL ON MORE MATURE WOMEN?

In short, yes! However it is possible to texturise the fringe in a way that creates a more complimentary look for mature women. As women age it's common to experience reduced hair density and recede at the temples. To overcome this we leave more weight in the hair around the temple area. A haircut can easily be modified to suit a woman's age and hair density.

### WHAT SORT OF CARE DOES A FRINGE REQUIRE?

Fringes may need to be trimmed between your usual salon visit every four to six weeks, and many salons offer this as a complimentary service. This helps to avoid the temptation to trim it yourself.

If you have an oily scalp and skin it's important that you're using the correct shampoo to assist with oil control, as any of the fringe that touches the forehead can very quickly become lank.

### WHAT ARE YOUR TIPS FOR STYLING A FRINGE?

Ensure you direct your hair-dryer nozzle from roots to ends in the direction you wish the hair to sit. If you're using a round brush, check with your stylist to ensure it's the correct size. It's important to blow-dry your fringe first.

### ANGELA'S PRODUCT PICKS

Hair at the hairline is a different texture than the rest of our hair. It can be finer or more frizzy, or both. If it's fine I recommend **Kérastase Volumactive Amplifying Perfecting Mousse \$39** for more body and hold. If your hair is frizzy or curly I recommend **Kérastase Oléo-Relax \$39**